

Education in the Digital Age – Agenda for October 16, 2007

~Start of Class~

Power Up and Log In

~First 10 or so minutes~

Zangle & update Q1 Grade Record...

Update “Activity Log” & Fitness Plan tracking sheet...last chance!

~Middle 45 or so minutes~

Fitness Action Plan Update:

Add third paragraph to each goal (total of 3 new paragraphs)

- ✓ Discuss how close you are to reaching your goal
- ✓ Explain how closely you followed your plan (or not)
- ✓ Explain if you added activities to your plan that weren't originally written down (or changed or deleted activities)
- ✓ Discuss whether your plan was effective or not
- ✓ Explain what you still need to do to reach your goal

Print Fitness Action Plan Tracking spreadsheet (per directions)

Print Activity Log spreadsheet (per directions)

*Follow printing directions carefully to conserve paper

~Last 30 or so minutes~

Work on Biome presentations or other schoolwork QUIETLY

~Last 3 minutes~

Close programs, log off and shut down before leaving